

How to make Playdough

This super-easy playdough recipe is the perfect way to spend a rainy afternoon inside. It's quick enough to hold a young child's attention and you only need a few store cupboard ingredients. Little hands can play with the results straightaway!

Makes 1 coloured ball

Prep 10 minutes

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml boiled water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh. You can make a batch of colours – like the rainbow!

NB: You can add essential oils, spices such as ginger and cinnamon, herbs to add a sensory experience to the play.

