

# May 2020

Make a sandwich together. Talk about all the things you'll need to make one - bread, butter, plate, knife, choice of filling.....yum! Yum!



Let's wash up together! This is a great way to talk about scrubbing plates, cups, glasses cutlery clean, make them shine and gleam.



Can you grow a rainbow?

Take a look at how you can try this experiment at home.



"Would you like a banana or orange for snack?" Allow them to peel either fruit themselves, split the segments or cut the banana in slices on a chopping board using a butter knife.

*We're Going on a Bear Hunt*  
Michael Rosen Helen Oxenbury



Share a favourite storybook together. Another One of my favourites is 'We're Going on a Bear Hunt' by Michael Rosen.

Watch Michael Rosen performing We're Going on Bear Hunt on YouTube.



Click the play button for video

Write Eid Mubarak Cards to your friends and family.

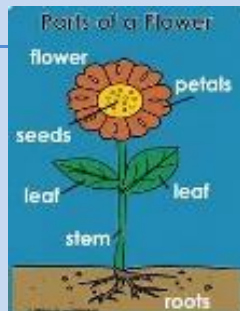
Post them – talk about what you need to make sure the cards get to their destination.



Collect all the balls you have and talk about they are different, big balls, small balls, spikey balls, rainbow balls etc.

Encourage your child to follow instructions throughout the day e.g. 'Go and get your...' 'Put this... on the table please'

Look at some flowers. Talk about the petals, stalks, leaves and other parts. What colour flower is your favourite?



Draw faces with different emotions – happy, sad, angry, etc talk about these feeling and encourage your child to draw and talk about them.



Look at books together and talk about emotions e.g. how does a character feel? Why do they feel this way? How can you tell?

Practice self-help skills e.g. putting coat on, fasten zips/buttons/laces and clothing such as trousers, socks and shoes.



Tape a line on the floor in different ways (zig zag, curvy, straight). Have your child walk/balance along it. Can they do it forwards? , backwards? Can they hop or crawl along it?

Blow bubbles together outside. Pour some solution in a small cup or bottle and allow your child to blow the bubbles too... Pop, pop, pop. See our songs about bubbles



Cut off the bottom of the milk bottle. Cover any sharp edges on the opening with tape. Scrunch up paper into a ball and secure with tape.

'1.2.3... Catch!'



Encourage your child to tidy up after playing e.g. 'where do the cars belong?' 'where is the box for the block?' Turn it into a game – who can put away the... the fastest.

Play games that require your child to listen such as Simon says, musical statues and musical bumps. How about what's the time Mr Wolf?



Have an ice-cream. How does it taste? Sweet, creamy, cold, delicious... What other words can you think of?

Sing familiar songs and rhymes together. Pause and see if your child can finish the verse e.g. twinkle twinkle .....

