

April 2020

Make playdough together. Let your child help measure, pour and mix. Allow them to choose the colour.



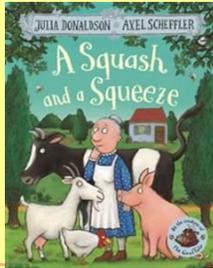
Add some drops of food colouring to make coloured ice cubes to play/paint with. Talk about cold, freeze, melt hard etc



Den building is lots of fun – build one in your house. Play in it read books, take a nap – use your imagination.



Have toast for breakfast. Offer your child choices of spreads. Allow them to have a go - using the back of a spoon can be easier.



Share a favourite storybook together. One of my favourites is 'A Squash and a Squeeze' by Julia Donaldson.

What animals are in the story? Find some toys or make lollypop puppets to play and retell the story

Balls are lots of fun – roll, kick, nudge, throw, bounce, spin ball to each other. What else can you do with a ball?



Save some laundry to sort – whose socks are those? Daddy's socks? Big socks, little socks, spotty socks...

Go for a spring walk. What plants can you see? Can you find some bugs and birds?

What is your favourite song? Sing them together and move in time to the rhythm of the words.



Mirror play. Look in a mirror together and make faces. Can you make a happy face? Angry, sad and excited face?



The next time you're out on a walk talk about what you can see and hear – street signs, types of vehicles, animals lights etc

Mark make with your child. Can they copy you when you draw a straight line or a circle? Draw everyday things can they guess?

You can use the Spring hunt list.



Sing a days of the week song. Look on Youtube to find one if you don't know one. Add it to your daily routine.

Draw a picture of something you saw on your walk today. This is a great way to sequence and retell events.



Blow up a balloon and play tennis. Hit the balloon back and forth. Hit it high and low. Count how long it stays up for.

'Your turn, my turn'. Encourage turn taking while building a tower or completing a puzzle together.

Remove Shoe laces and tie a knot at one end.....thread away. Challenge: try to go through each of the holes in the colander.

Make a yellow collection by collecting toys, flowers, pencils, clothes... anything that is yellow.

At mealtimes encourage your child to sit at the table, serve themselves and pour their own drinks.

Go on a listening walk around the home to name the various sounds: microwave, running water, toilet flushing, kettle boiling etc etc

Play hide & seek with an alarm clock (or your phone). Set the timer and challenge your child to find out where the sound is coming from.

Put some water and a little dish soap in a cup. Using a straw blow some bubbles. 'blowwwwww', 'pop', 'pop'. Look for the rainbow in bubbles.

